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AMENDMENT TO THE SPECIFICATION

Please replace paragraph [0026] with the following amended paragraph.

[0026] Each of the pressure glides comes in contact with the lobe of its associated cam in turn. As noted in Figure 4, the lobes of the cams are spaced equiangularly around the shaft. Accordingly, the pressure glides consecutively remove energy from the camshaft. Because each of the cams have a long incline to the lobe, the braking action caused by each lobe continues for a relatively long time. As seen in the figure, the cams overlap so that more than one pressure glide is actuated at a time. As a result, the application of force is smoother and greater force can be applied at any given time. Each cam will come into contact with one pressure glide on each side as it rotates 360. If desired, additional sets of pressure glides could be added to the assembly so that more than two sets are present. Likewise, it would be possible to utilize a single set although two sets are preferable due to the balancing of the forces.